

**STANDING RULES FOR ON THE WATER ROWING**  
**DO NOT ROW IN BAD CONDITIONS – COACHES DECIDE WHETHER TO GO OUT**

Hi Viz gear must be worn by all persons rowing from Milwaukee Rowing Club

No sweep boats may row unless attended by a coach in a launch.

*Exceptions to this include approved L3 rowers, mixed boats as per ARC guidelines including crews with experienced masters rowers.*

No shells may be on the water with less than a full complement of rowers.

Only regularly practicing coxswains shall cox shells unsupervised.

Coaches and only Coaches fill out log book for each outing for supervised teams.

*Coxswains shall do so for unsupervised crews.*

Only approved coaches/instructor may operate launches – do not overload launches

All coaches/LTR Instructors must have a working cell phone with them in launch

Coaches shall know rules of boating; respect other boaters and defer to coast guard

No Bikes in the boathouse by any members

All gear shall be stored in cubbies or on black matting near cubbies

Launch Keys must be returned to key hooks after use. Coach is responsible until next use of launch

Coaches (not coxswains) must check gas can they are using before going out to ensure sufficient gas

Launches must be locked to security cables by engine at proper point on engine. Lock stays on engine

Ropes stay with launches – do not untie from launches

Shells: Rigging shall not be adjusted without approval of operations committee.

Oars shall be carried blade high/handle low one in each hand; Put back in racks carefully and in order

Dock must be swept/cleaned of goose feces etc before going on the water – Rinse brooms

Coaches shall make rowers take gear home and pick up trash/water bottles

Be careful with hose and reel – turn off water at wall – store cleaning equipment neatly

Coxboxes must be in proper cubbies and plugged in

Use ARC Nav lights for lowlight rowing, coaches responsible to return

Review and learn full listing of safety rules and operations rules posted on MRC website